Friends Helping Friends

Will you be my friend?

It's raining, it's pouring
The old man is snoring
He went to bed and he bumped his head
And he couldn't get up in the morning.

Here's a little chickie
He's hatching from his shell
(on floor on arms and knees, head down)
Out comes his head (pop head up)
And out comes his tail (bottom up)
Now his legs he stretches (stand up)
His wings he gives a flap (flap elbows)
Then he flies and flies and flies
Now what do you think of that? (flap arms)
Down, down, down, down,
Down, down, down, down,
BOOM!
(twirl around and around, then down on “BOOM,” clapping for more noise)

Start with a low voice, then move up the scale with each line and come back down on each “down.”

Oats, peas, beans and barley grow
(show plants growing with your hands)
Oats, peas, beans and barley grow
Do you (point at others) or I (point at self)
Or anyone know (palms up, raise shoulders)
How oats, peas, beans and barley grow?

First the farmer sows his seed (scatter seed)
Then he stands and takes his ease (fold arms)
Stamps his foot, and claps his hands
And turns around to view the land (shade eyes and turn)

Dr Foster went to Gloucester
In a shower of rain
He stepped in a puddle, right up to his middle
And NEVER went there again!

Rain on the rooftops
(flutter fingers down, then make pointed roof)
Rain on the tree
(one arm up, palm out, wiggle fingers for leaves)
Rain on the green grass
(wiggle fingers across at waist level)
But not on me!
(hands on hips, shake head)

5 eggs and 5 eggs and that makes 10
(show each hand)
Sitting on top is old mother hen
(cup one hand for nest; cup other and place on top)
Cackle, cackle, cackle
(wiggle fingers of bottom hand)
What do I see?
(listen and look)
10 yellow chicks as fluffy as can be!
(wiggle 10 fingers)